# Why we created NutriKane

We don't just believe that food has the power to heal, we know it. Over the past 10 years we researched a range of natural foods that have proven to have medicinal and protective qualities for those who regularly consume them. Our research made it clear that there was a real benefit to consuming certain foods to prevent, alleviate or help a range of health issues, from managing blood sugar levels to improving regularity and reducing pain and inflammation. Armed with this knowledge, our team began formulating different combinations of natural ingredients to create the NutriKane range of Farmerceuticals.

# Which NutriKane product is right for you?



### NutriKane D

SCIENTIFICALLY DEVELOPED FOR HEALTHY BLOOD GLUCOSE LEVELS

Assists weight loss (as part of a calorie controlled diet) Lowers GI of food • Promotes SCFA production

## **NutriKane R**

SCIENTIFICALLY DEVELOPED FOR OPTIMAL REGULARITY

Helps minimise bloating & indigestion Stimulates intestinal tract Supports microbiome function





### NutriKane I

SCIENTIFICALLY DEVELOPED TO REDUCE INFLAMMATION

Reduces inflammatory bacteria in the gut Reduces long-term inflammation Supports healthy immune function



SCIENTIFICALLY DEVELOPED TO

IMPROVE JOINT HEALTH

Rejuvenates connective tissue Reduces joint pain • Helps maintain healthy skin



# Which NutriKane product is right for you?

Health conditions	NutriKane D	NutriKane R	NutriKane I	NutriKane J
Blood Sugar control				
Gestational Diabetes	<b>////</b>	<b>~ ~</b>	<b>~ ~</b>	<b>~ ~</b>
Type 2 Diabetes	<b>////</b>	<b>~ ~</b>	<b>~ ~</b>	<b>~ ~</b>
Weight loss	<b>////</b>	<b>////</b>	<b>~~~</b>	<b>~~~</b>
General Gut health				
Regularity	<b>~~~</b>	<b>////</b>	<b>~ ~</b>	<b>~ ~</b>
Constipation	<b>~~~</b>	<b>////</b>	<b>~ ~</b>	~ ~
Bloating	<b>~~~</b>	<b>////</b>	<b>~ ~</b>	<b>~ ~</b>
Indigestion	<b>~~~</b>	<b>////</b>	<b>~ ~</b>	<b>~ ~</b>
Weight loss (2 doses per day)	<b>~~~</b>	<b>~~~</b>	<b>~~~</b>	~ ~ ~
Reduces Inflammation				
Healthy Immune function	<b>~ ~ ~</b>	<b>~ ~</b>	<b>~~~~</b>	<b>~~~</b>
Healthy microbiome/gut	<b>~~~</b>	<b>~ ~</b>	<b>~~~~</b>	<b>~~~</b>
Reduces joint pain				
Reduces join pain	<b>~ ~</b>	<b>~ ~</b>	<b>~ ~</b>	<b>////</b>
Rejuvanates connective tissue	<b>~ ~</b>	<b>~ ~</b>	<b>~ ~</b>	<b>////</b>
Helps maintain healthy skin	<b>~ ~</b>	<b>~ ~</b>	<b>~ ~</b>	<b>////</b>

#### **BROUGHT TO YOU BY**



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nutrikane.com.au

#### PROUDLY SUPPORTING



Every tub of NutriKane purchased helps Koala Conservation Australia Ltd to care for endangered koalas.

www.koalahospital.org.au

## **NutriKane**<sup>™</sup>

Introducing an
Australian-made range of
'Farmerceutical' products
targeting key health issues
impacting millions of
Australians











Clinically proven

Bioavailable ingredients

Micronutrient

Broad Spectrum Prebiotic

nutrikane.com.au



Our Food-as-Medicine approach.

We have all heard the saying "You are what you eat". In terms of overall health this is now a proven scientific fact. Research shows that dietary habits directly affect disease risk. While certain foods may increase the risk of chronic health conditions, others provide strong medicinal and protective qualities.

The role of Food-as-Medicine is to provide the necessary energy to fuel your body and also provide the micronutrients and minerals the body requires to help fight infection and make it work properly.

#### Gut health and Food-as-Medicine

It is widely known that gut microbiome health directly affects overall intestinal health. Our understanding of the scope of this has increased dramatically in recent years due to the research by clinics and Universities around the world. This has told us how important managing systemic inflammation can be and what role Food-as-Medicine plays. Our bodies want to be healthy and have an amazing capacity to repair themselves.

Often though, our bodies don't get the micronutrients they need to manage repairs, or the threat of constant inflammation does damage faster than we can heal. If something is broken in our bodies, we may still need medication, however, with many lifestyle diseases, our body is not broken, it is just out of tune. In many cases the body can also reduce the effects of chronic diseases if given the right tools.

### Why we need Food-as-Medicine today

For many people, in our modern world it is hard to consistently have a healthy diet. Distribution delays reduce the nutrient value of many fruits and vegetables, and many packaged and processed foods lack the nutrient value that nature intended. In the history of the human gut, it has only been in the last 100 years that we have moved from "farmers' markets" to mass food production. Our gut has not kept pace and hence the rise of many chronic conditions. Food-as-Medicine fills the gap.

# What makes NutriKane Food-as-Medicine?

A serve of a NutriKane product provides essential fibres, nutrients and minerals clinically proven to improve gut and microbiome health. A healthy gut is key in supporting all bodily functions, including resisting and fighting infection and the various toxins our bodies encounter.

In addition, each NutriKane product has been scientifically developed to target modern health problems through careful ingredient selection and therapeutically analysed serving sizes.

NutriKane can be seen as a tree of good gut health. The tree trunk is the main supporting element (NutriKane's core product technology) from which the branches (our products) grow. Our unique core technology is a combination of the Extracta Sugarcane Fibre (developed and used exclusively by MediKane for its nutrient value) and the mix of soluble and insoluble fibre our bodies need. This core technology is found in each NutriKane product where it is perfectly blended with a scientifically developed mix of other ingredients that all work together to target specific health conditions.

#### NutriKane D

Blood Sugar level control.

Red sorghum, absorbic acid
orange flavours.
Serving size: 8.9g

#### **NutriKane R**

Regularity, overall gut health.

Pectin, apple powder & lime citric acid

Serving size: 6.7g

#### Nutrikana I

Reduces Inflammation, immune support Evaporated cane juice, red grape marc, whole beetroot powder & raspberry. Serving size: 16g

#### NutriKane

Reduces joint pain, rejuvenates connective tissue, manages joint inflammation and helps maintain healthy skin. Red sorghum, turmeric, collagen, lime flavour & kakadu plum.

Serving size: 14.7g

#### Core product technology

Extracta Sugarcane Fibre plus Red Sorghum balancing the soluble and insoluble fibre mix